



Protocols for Testing Positive or Exposure to Someone Who Has Tested Positive

The safety and health of all students, faculty, staff, and campus guests is a priority for Texarkana College. National, state and local recommendations for operation during the COVID-19 pandemic are monitored by a campus task force to determine TC protocols. This document provides guidance for all TC students, faculty & staff who have tested positive to COVID-19 or who reside with someone who has tested positive for COVID-19.

If you can answer “YES” to either of these questions, please notify your instructor or TC human resources:

- Have you or someone you reside with been tested or confirmed positive of COVID-19 in the last 10 days?
- Are you currently experiencing , or have you in the last 5 days experienced flu-like symptoms such as fever, cough, chills, shortness of breath, muscle pain, headache, diarrhea, sore throat or loss of taste or smell?

IF YOU TEST POSITIVE	IF YOU WERE EXPOSED
<p>IF YOU HAVE TESTED POSITIVE FOR COVID-19 (ISOLATE).</p> <p>If you have a fever of 100.0°+ F, please stay home and inform your instructor (student) or supervisor/human resources (employee). It is your responsibility to follow-up with your primary care physician if needed.</p> <p>RETURN TO CAMPUS CRITERIA IF YOU HAVE BEEN EXPOSED TO COVID-19.</p> <ul style="list-style-type: none"> • The student/employee certifies in writing that he or she is fever-free and symptoms have improved (cough, chills, or other symptoms consistent with COVID-19) for at least three days; and • At least 5 calendar days have passed since the person first exhibited symptoms. The student/employee must wear a mask for 5 additional days when returning to campus. 	<p>IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19 (QUARANTINE):</p> <p>If you have a fever of 100.0°+ F, please stay home and inform your instructor (student) or supervisor/human resources (employee). It is your responsibility to follow-up with your primary care physician if needed.</p> <p>FOR PERSONS WHO HAVE BEEN BOOSTED, OR COMPLETED THE PRIMARY SERIES OF PFIZER OR MODERNA VACCINE WITHIN THE LAST 6 MONTHS, OR COMPLETED THE PRIMARY SERIES OF J&J VACCINE WITHIN THE LAST 2 MONTHS:</p> <ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5, if possible. • If you develop symptoms get a test and stay home. <p>FOR PERSONS WHO HAVE COMPLETED THE PRIMARY SERIES OF PFIZER OR MODERNA VACCINE OVER 6 MONTHS AGO AND ARE NOT BOOSTED, OR COMPLETED THE PRIMARY SERIES OF J&J OVER 2 MONTHS AGO AND ARE NOT BOOSTED, OR ARE UNVACCINATED:</p> <ul style="list-style-type: none"> • Stay home for 5 days. After that, continue to wear a mask around others for 5 additional days. • If you can't quarantine you must wear a mask for 10 days. • Test on day 5 if possible. • If you develop symptoms get a test and stay home.

How does this impact me as a student at TC if I have potentially been exposed whether vaccinated or non-vaccinated?

- Monitor your health closely for fever or other symptoms of COVID-19 (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>)
- Notify your instructor if you get tested for COVID-19 and receive a positive test result. Your instructor will notify the Division Dean and Vice President of Instruction. Your confidentiality will be maintained.
- Every class offered at TC has at least some (if not all) capacity for online learning. Your instructor will assist you in converting to a fully online classroom setting so that you may complete your coursework from home.
- Contact the VP of Administrative Services, Phyllis Deese, at phyllis.deese@texarkanacollege.edu or call 903-823-3355 to report that you have tested positive.*

*The purpose of this is to ensure that Texarkana College can take all precautionary measures to prevent further spread.

Resources:

The COVID-19 pandemic has had a major effect on our lives. Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions. Public health actions, such as social distancing, have been necessary to reduce the spread of COVID-19, but they left many people feeling isolated and lonely with increased stress and anxiety. Learning to cope with stress in a healthy way will make you, the people you care about, and those around you become more resilient.

We want you to be aware that TC has a link on our website to resources that can help you cope with stress caused by the COVID 19 pandemic:

<https://www.texarkanacollege.edu/campus-life/counseling-services/>

CDC has information on their site for Stress and Coping:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/index.html>

To locate a vaccine site nearby, visit <https://www.vaccines.gov/>.

Local COVID-19 data regarding infection rates can be found at:

<https://txdshs.maps.arcgis.com/apps/dashboards/ed483ecd702b4298ab01e8b9cafc8b83>

vaccination rates can be found at

https://tabexternal.dshs.texas.gov/t/THD/views/COVID-19VaccineinTexasDashboard/Summary?%3Aorigin=card_share_link&%3Aembed=y&%3AisGuestRedirectFromVizportal=y

For any other questions you may have, please visit
texarkanacollege.edu/covid
or email **human.resources@texarkanacollege.edu**