



# COVID-19 Campus Protocols

At Texarkana College, our mission is to advance our community through attainable higher education and lifelong learning. We cannot fulfill our mission without our most important resource: people. Our top priority is to provide a working and learning environment that is safe and reassuring to those who are the most vulnerable among us. These protocols represent a plan for the TC campus to be as safe as possible.

## PHASE 8: BEGINNING AUG. 9

[SUBJECT TO CHANGE BASED ON GUIDANCE FROM STATE AND LOCAL AUTHORITIES]

### FOR STUDENTS & THE PUBLIC

During Phase 8, the campus will continue with on-campus instruction and services.

### ON CAMPUS SAFETY MEASURES

- Masks will be *encouraged* in all offices and instructional spaces, particularly for unvaccinated individuals, or when students and/or staff are working in close proximity.
- In the event the Texarkana College campus case count exceeds 15 active cases, OR, Bowie County reaches the significant level (determined by more than 50 reported active daily cases per 100,000 people), then TC will move to highly recommended mask wearing for all persons regardless of vaccine status.
- Everyone will continue to practice appropriate hand hygiene. Hand sanitizing stations will be located around campus.

### PERSONAL RESPONSIBILITY

It is all of our responsibility to ensure we do not risk the health and safety of others at TC. If you are not feeling well or are experiencing any COVID-like symptoms, **please** do not come to campus. We encourage you to seek medical attention if your condition continues or worsens, and you may likely need to be tested for COVID.

### CAMPUS DISINFECTING MEASURES

The TC Facility Services Team performs disinfection daily, and in high occupancy areas they are cleaning multiple times daily, with an emphasis on disinfecting restrooms and all other frequently touched areas.

TC also uses a Clorox Total 360 system that utilizes electrostatic spray technology to allow Clorox disinfecting and sanitizing solution to reach surfaces outside the line of sight, covering what conventional trigger sprays may miss, including the sides, undersides and backside of surfaces. This system is used on an as-needed basis throughout the campus. In addition to our facility teams daily sanitizing procedures, TC will be providing disinfecting wipes for students to wipe down any area they desire.

Because COVID-19 spreads through airborne droplets, TC has reviewed our HVAC and air quality to make adjustments to our indoor air flow to reduce the airborne spread of the virus.

Other Campus Adjustments:

- **More fresh air:** Research efforts have shown a significant benefit of bringing more outside air into buildings. When possible HVAC units are being adjusted to pull in more outside air.
- **Physical barriers:** Barriers such as air plexiglass shields in high traffic areas will help minimize air flow from person to person.
- **Filter changes:** TC uses the highest rated filters possible in our buildings that will still allow proper air flow. TC has increased our frequency of changing out air filters with all filters being changed out on a rotating basis daily.

### COVID-19 SYMPTOMS

- Fever
- Cough
- Chills
- Shortness of Breath
- Muscle Pain
- Headache
- Diarrhea
- Sore Throat
- Loss of Taste or Smell

**\*Texarkana College reserves the ability to reimplement any protocols deemed necessary.\***

## **QUARANTINING FOR UNVACCINATED PEOPLE**

If you have a fever of 100.0°+ F, please stay home and inform your instructor (student) or supervisor/human resources (employee). It is your responsibility to follow-up with your primary care physician if needed.

### **RETURN TO CAMPUS CRITERIA IF YOU HAVE TESTED POSITIVE FOR COVID-19.**

- The student/employee certifies in writing that he or she is fever-free and has been completely symptom free (no cough, chills, or other symptoms consistent with COVID-19) for at least three days; and
- At least 10 calendar days have passed since the person first exhibited symptoms.

### **RETURN TO CAMPUS CRITERIA IF YOU HAVE BEEN EXPOSED TO COVID-19.**

- If you have come in contact with somebody who tested positive for COVID-19, stay home for 10 days after your last contact with them.
- If you live with someone who has tested positive, you must either remain quarantined until they test negative, or you must wait until 14 days have passed since their last date of exposure.



## **QUARANTINING FOR FULLY VACCINATED PEOPLE**

If you have a fever of 100.0°+ F, please stay home and inform your instructor (student) or supervisor/human resources (employee). It is your responsibility to follow-up with your primary care physician if needed.

### **FULLY VACCINATED PEOPLE WITH COVID-19 SYMPTOMS.**

- Although the risk that fully vaccinated people could become infected with COVID-19 is low, any fully vaccinated person who experiences symptoms consistent with COVID-19 should isolate themselves from others and be clinically evaluated for COVID-19. A positive test result requires a 10 day quarantine, even for a vaccinated individual. The symptomatic fully vaccinated person should inform their healthcare provider of their vaccination status at the time of presentation to care.

### **FULLY VACCINATED PEOPLE WITHOUT COVID-LIKE SYMPTOMS FOLLOWING AN EXPOSURE TO SOMEONE WITH SUSPECTED OR CONFIRMED COVID-19.**

- Most fully vaccinated people with no COVID-like symptoms do not need to quarantine, be restricted from work, or be tested following an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low.
- However, they should still monitor for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should isolate themselves from others, be clinically evaluated for COVID-19, and inform their health care provider of their vaccination status at the time of presentation to care.

## **COUNSELING, MENTAL HEALTH, AND STRESS MANAGEMENT**

The COVID-19 pandemic has had a major effect on our lives. Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions. Public health actions, such as social distancing, have been necessary to reduce the spread of COVID-19, but they left many people feeling isolated and lonely with increased stress and anxiety. Learning to cope with stress in a healthy way will make you, the people you care about, and those around you become more resilient.

We want you to be aware that TC has a link on our website to resources that can help you cope with stress caused by the COVID 19 pandemic:

<https://www.texarkanacollege.edu/campus-life/counseling-services/>

CDC has information on their site for Stress and Coping:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/index.html>