Name: Last_________________________________________ First_____________________ M.I._____ Social Security No.______________
Address__________________________________________________________
City__________________________________________________________ State_______ Zip_________
Course Title: Mental Health Update 2019
Starting Date: _April 11 & 12      Time: ______  Fee: $______

Pre-Registration
☐ $95 for: □ Thursday or □ Friday
☐ $100 for Thursday & Friday
☐ 15% Senior discount

Door Registration
☐ $130 for: □ Thursday or □ Friday
☐ $135 for Thursday & Friday
☐ 15% Senior discount

No student discount will be offered this year.

The following information is required by the Coordinating Board of Texas Colleges:
☐ Male   ☐ Female   ☐ White   ☐ Black   ☐ Asian   ☐ American Indian   ☐ Hispanic   ☐ International   ☐ Other

The following information is required by the Coordinating Board of Texas Colleges:

Online registration now available by going to ce.texarkanacollege.edu

TEXARKANA COLLEGE COMMUNITY & BUSINESS EDUCATION CENTER FORM — All items below must be completed!!

 Texarkana College Community & Business Education Center
2500 N. Robison Rd.
Texarkana, TX 75599

Non-Profit Organization
U.S. Postage
PAID
Texarkana, TX
Permit No. 53
Date: April 11 & 12, 2019
Time: 8:00 am - 4:45 pm
Cost: Early Registration: Thurs or Fri. - $95
      Thurs. & Fri. - $100
Door Registration: Thurs or Fri. - $130
      Thurs. & Fri. - $135
Senior Discount: 15%
Place: Truman Arnold Student Center-Great Rm

AGENDA
Thursday, April 11, 2019
7:30 - 8:00 Check-in & Door Registration
8:00 - 9:30 Antipsychotic Medication & Persons with Dementia - Part I
         ~Dr. Melodee Harris, PhD, APRN,
         GNP-BC, AGPCNP-BC
9:30 - 9:45 Break
9:45 - 11:15 Antipsychotic Medication & Persons with Dementia - Part II
         ~Dr. Melodee Harris, PhD, APRN,
         GNP-BC, AGPCNP-BC
11:15 - 12:15 Giving Your Youth a Promise for Tomorrow/Youth Suicide
         ~Cory Watkins, Divisional Director-
         Jason Foundation
12:15 - 1:15 Lunch is served.
1:15 - 2:45 Mindful Yoga Therapy
         ~Brittany Carder, RYT
2:45 - 3:00 Break
3:00 - 4:30 The Needs of Children in Foster Care
         ~Van Morris, LCSW
4:30 - 4:45 Evaluation & Dismiss

AGENDA
Friday, April 12, 2019
7:30 - 8:00 Check-in & Door Registration
8:00 - 9:30 Estate Planning in Anticipation of Cognitive Decline - Part I
         ~John Ross IV, JD, BAA
9:30 - 9:45 Break
9:45 - 11:15 Estate Planning in Anticipation of Cognitive Decline - Part II
         ~John Ross IV, JD, BAA
11:15 - 12:15 Compassion and Work Fatigue
         ~Jessica Bennett, LCSW
12:15 - 1:15 Lunch provided.
1:15 - 2:45 Ethics & Professionalism - Part I
         ~Dan Wilkins, Ph.D, LPC, LMFT
2:45 - 3:00 Break
3:00 - 4:30 Ethics & Professionalism - Part II
         ~Dan Wilkins, Ph.D, LPC, LMFT
4:30 - 4:45 Evaluation and Dismiss

Attendance/Certificates - Verification of participation is documented by an arrival/sign-in sheet and verbal check-in with the Continuing Education staff. Verification of successful completion is documented by participants self-reported evaluation of the level of achievement for the objectives presented and attendance of the entire activity. Each participant must submit a Certificate Request Form at the conclusion of the activity.

Approvals: 7.0 contact hours per day will be awarded for participants who meet the attendance requirement.
* National Board of Certified Counselors
* Texas State Board of Addiction Counselors
* Texas Board of Marriage & Family Therapists
* Texas State Board of Social Workers
* TEA Professional Educators - pending approval.

The Mental Health Planning Committee & Texarkana College Community & Business Education Center would like to thank the organizations on the front of the brochure and listed below, for their continued support and commitment to ensure our patients in this region receive the highest quality & most effective care that is currently available.

GOLD SPONSOR:

SILVER SPONSORS:

BRONZE SPONSOR:
Overview of Thursday, April 11 - after attending this activity, participants will be able to achieve the following objectives:

**Antipsychotic Medication & Persons with Dementia:**
- Explain two examples of critical geropsychiatric symptoms.
- Apply one strategy for improving inter-professional communication.
- Incorporate one non-pharmacological intervention as an alternative to prescribing antipsychotic medications.

**Giving Your Youth a Promise for Tomorrow/Youth Suicide Awareness:**
- Participants will demonstrate understanding of current statistics.
- Participants will learn and recognize common warning signs of possible suicidal ideation and elevated risk factors.
- Participants will identify possible local and national resources to help at risk youth.

**Mindful Yoga Therapy:**
- Define core components of yoga that are pertinent to the mental health field.
- Identify ways in which yoga can complement and enhance effects of traditional psychotherapy.
- Report updated information research supporting the use of yoga in mental health settings.
- Apply specific yoga techniques to quickly help reduce anxiety and stress in clients.
- Apply yoga techniques for the mental health professional as part of a self-care routine.
- Recognize clients who may be able to benefit from the practice yoga.

**Needs of Children in Foster Care**
- Understand common behaviors and feelings of kids in foster care system and how trauma uniquely affects this population.
- Understand the struggles foster children face in placement and how it impacts their future.
- Understand what placement disruption is and how it impacts children in the foster care system.

Needs of Children in Foster Care Objectives Continued:
- Learn specific techniques for working with foster children.
- Learn the importance of incorporating the entire treatment team into your practice in order to improve the overall stabilization of children in foster care.

Overview of Friday, April 12 - after attending this activity, participants will be able to achieve the following objectives:

**Estate Planning in Anticipation of Cognitive Decline:**
- Understand the difference between medical capacity and legal competency.
- Identify the appropriate decision maker for cognitively impaired patients.
- General overview of the government benefit programs available to the cognitively impaired.
- Identify issues and strategize by comparing and contrasting benefits through the Veterans Administration, Medicaid and Supplemental Security Income.

**Compassion and Work Fatigue:**
- Define symptoms of fatigue in the workplace.
- Define energy levels.
- Identify techniques to combat and reserve energy at work to prevent fatigue crashes.

**Ethics and Professionalism:**
- Provide a working definition of professionalism.
- Understand the difference between professionalism and personal ethics.
- Discuss common ethical situations.
- Review the complaint process.
- Understand pitfalls of ethics and professionalism.

**Vendor Booths:**
Appropriate agencies and organizations are welcome to reserve a booth to display your resources and programs that may assist the mental health professional care for their patients.

We are asking vendor’s to provide a door prize to be given away during the seminar breaks. Each vendor providing the door prize will be announced prior to the drawing.

A $50 booth rental fee is required to reserve a table and must be requested no later than Friday, April 5, 2019. You can obtain a request form by emailing Joanne Rose, AH Coordinator at joanne.rose@texarkanacollege.edu.

**Participants may register online** by going to ce.texarkanacollege.edu, create an account or use existing account, and pay online. Please call the Community & Business Education Center at 903-823-3270 if you need assistance logging in to your existing account.